Gold Coast Masters Athletics Results 31st January 2021. Runaway Bay Performance Centre. (timing gates were used for the sprint events.)

60m

Heat 1

1st	Gary Parkinson M53	7.81
2nd	Simon Titley M49	7.83
3rd	Brett McKenzie M41	8.10
4th	Bailey Teasel M12	8.79
5th	Telena Williams W13	8.85
6th	Helena Gordon W48	9.24
Heat	2	
Heat 1st	2 Alyssa MacDonald W12	8.69
	-	8.69 8.96
1st	Alyssa MacDonald W12	
1st 2nd	Alyssa MacDonald W12 Radika Lucas W43	8.96
1st 2nd 3rd	Alyssa MacDonald W12 Radika Lucas W43 Glenn Dunne M62	8.96 9.11

100m

Heat 1

1st	Jacob Monaghan M15	11.60
2nd	Graham Scully M45	12.26
3rd	Gary Parkinson M53	12.32
4th	Brett McKenzie M41	12.76
5th	Radika Lucas M 43	14.50
6th	David Mitchell M65	14.76

Heat 2

1st	Alyssa MacDonald W12	13.74
2nd	Telena Williams W13	13.94
3rd	Glenn Dunne M62	14.52
4th	Helena Gordon W48	14.76
5th	Tamara MacDonald W10	17.22
6th	Ashley Teasel W10	17.52

200m

Heat 1		
1st	Jacob Monaghan M15	23.57
2nd	Graham Scully M45	24.49
3rd	Gary Parkinson M53	24.76
4th	Radika Lucas W43	30.54
5th	David Mitchell M65	30.70
Heat 2		
1st	Bailey Teasel M12	28.27
2nd	Chris Brack M55	28.59
3rd	Alyssa MacDonald W12	28.72
4th	Telena Williams W13	28.79
5th	Michelle Mackey W45	31.42
6th	Glenn Dunne M62	31.62
7th	Carol Davis W70	33.75

3000m walk

Patrick Sela M 80	27.06.38

12.00.05

1500m Walk

Ashlee Teasel W11

Shot Put

Tracey Hollis	W40	7.77
Miranda Ramsden	W35	9.23
Kevin Ryall	M70	8.71
Carol Davis	W70	6.79
Rodney Rhind	M40	8.54

Javelin

Carol Davis	W70 22.70 QR
Miranda Ramsden	W35 17.23
Tracey Hollis	W40 12.69
Kevin Ryall	M70 16.34
Rodney Rhind	M40 29.42

Discus

Miranda Ramsden	W35	19.15
Tracey Hollis	W40	20.57
Kevin Ryall	M70	22.02
Rodney Rhind	M40	20.71